

# posture balance

# OPERATING YOUR DONATI MECHANISM

#### A) SYNCHRO TENSION CONTROL

To adjust the tension of the chair to suit the body-weight of the user, firstly pull the turning handle out from the body of the mechanism. Then adjust the control knob either clock-wise or anti clock-wise to suit height / weight.

Rotation of the handle forward will add more tension to the spring; rotation of the handle rearwards will reduce the amount of tension in the spring.

## B) SEAT HEIGHT CONTROL

Lift this when body weight is removed from the chair to raise seat height, or when body weight isplaced on seat to lower height.

#### C) SEAT SLIDE

To use the seat slide function, pull the lever up and hold it firmly. Then use your hips and legs to move the seat forward or rearwards until the depth of the seat is at the desired position; then release lever and the seat will stay locked in that position.

## D) LOCK AND UNLOCK SYNCHRO

To lock the synchro (free float) movement, rotate the lever forward. To engage (unlock) the synchro – rotate the lever rearwards.